

## DR. JED BAKER – NO MORE MELTDOWNS: PREVENTING CHALLENGING BEHAVIORS AND TEACHING SOCIAL SKILLS

**Wednesday, November 12, 2014**  
**Doors Open 8:30 am**  
**Workshop 9 am to 3:30 pm**  
**Greater Waldorf Jaycees Community Center**  
**3090 Crain Highway**  
**Waldorf, Maryland 20601**  
**Early Bird Registration September 5 - October 29, 2014: \$35**  
**Registration October 30 - November 12, 2014: \$40**  
 (Includes lunch, snacks and a copy of *No More Meltdowns* by Jed Baker)

Jed Baker, Ph.D., is the director of the Social Skills Training Project, an organization serving individuals with autism and social communication problems. He is on the professional advisory board of Autism Today, ASPEN, ANSWER, YAI, the Kelberman Center and several other autism organizations. In addition, he writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award-winning author of six books, including *Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problems*; *Preparing for Life: The Complete Handbook for the Transition to Adulthood for Those with Autism and Aspergers Syndrome*; *The Social Skills Picture Book*; *The Social Skills Picture Book for High School and Beyond*; *No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior*; and *No More Victims: Protecting those with Autism from Cyber Bullying, Internet Predators & Scams*. His work has also been featured on ABC World News, Nightline, Fox News, the CBS Early Show, and the Discovery Health Channel.



**Overview:** Students on the autism spectrum and those with behavioral challenges, including NLD, ADHD, Bipolar disorder, and multiple learning disabilities, often present with difficulty regulating their feelings and interacting socially. This workshop describes how to handle meltdowns and design effective behavior plans to prevent these moments and reduce frustration and anxiety. It also details strategies to motivate students to learn, ways to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers. Information will be imparted through lecture, interactive exercises, and video clips.

**Workshop Outline:**

- Understanding Challenging Behaviors in children with Aspergers, Autism, NLD, ADHD, Bipolar disorder, and multiple learning disabilities
- Hierarchy of Behavior/Frustration Management Strategies:
  - Relationship building and collaborative problem solving
  - De-escalating meltdowns
  - 7 common triggers and prevention plans for each trigger
- Social Skills Training
  - Prioritizing skill goals
  - Motivation for training
  - Skill acquisition: strategies to teach skills
  - Generalization strategies
  - Peer sensitivity training
  - Measuring progress
- Q&A as time permits

**TO REGISTER:**

**Online:** Visit [www.autismsupport-somd.org/jedbaker](http://www.autismsupport-somd.org/jedbaker).

**By phone:** Call 202-629-8746.

**By mail:** Use the registration form on the back of this flyer.

Payment by Visa/MC or Check (subject to returned check fee). No Refunds.  
 Requests for special accommodations no later than October 29, 2014.

Registration questions may be directed to [info@autismsupport-somd.org](mailto:info@autismsupport-somd.org).

**Register Now! Only 200 seats available.**

*Door prizes will be drawn following the workshop.  
Raffle tickets for fabulous prizes may be purchased throughout the conference.  
(Raffle proceeds fund future conferences by the Southern Maryland Collaborative for Families of Children with Disabilities.)*

## Registration Form

- ☆ To register online via PayPal, have Visa/MC ready and visit [www.autismsupport-somd.org/jedbaker](http://www.autismsupport-somd.org/jedbaker).
- ☆ To register by phone, have Visa/MC ready and call the Southern Maryland Collaborative for Families of Children with Disabilities Jed Baker Conference Registration Line at 202-629-8746.
- ☆ To register by mail, use the registration form below and send it with your \$35 check (\$40 starting October 30, 2014) payable to "Autism Spectrum Support Group" to:

Autism Spectrum Support Group of SoMD  
P.O. Box 2162  
California, MD 20619

- ☆ Early Bird registration deadline is October 29, 2014. Checks subject to returned check fee. No refunds.
- ☆ Registration questions may be directed to [info@autismsupport-somd.org](mailto:info@autismsupport-somd.org).
- ☆ Requests for special accommodations must be received no later than October 29, 2014.



Please provide the following information for each person registering for the Jed Baker workshop on November 12, 2014 and enclose payment of \$35/person (\$40/person starting October 30, 2014).

Name \_\_\_\_\_  
County \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_

Please circle: Are you a parent of a person with a disability, a professional, or both?

Child/ren's Date/s of Birth and disability/ies (for statistical purposes only):

DoB \_\_\_\_\_

Disability/ies \_\_\_\_\_

How did you hear about this conference? \_\_\_\_\_

Request for accommodations (no later than October 29, 2014): \_\_\_\_\_