



Autism Spectrum
Support Group
of Southern Maryland

Web: www.autismsupport-somd.org
Mail: P.O. Box 2162 ♦ California, MD 20619
Facebook: www.facebook.com/AutismSupportSoMD
Email: info@autismsupport-somd.org
Twitter: @autismsomd

Families helping families

June 2015 Newsletter
Volume 4, Issue 9

About Us...

The Autism Spectrum Support Group of Southern Maryland began holding meetings in 2002. Over the past decade, support for families impacted by autism has expanded and now includes:

Meetings: Autism Spectrum Support Group of Southern Maryland meetings are the 3rd Wednesday of the month, 6:30 - 8:00 p.m., currently at the Coffee Quarter in the San Souci Shopping Center in California, MD. See the calendar on the website for meeting information for our "sister" groups in Charles County and Calvert County.

Forum ListServ: The Listserv is for parents/caregivers of people with ASDs. It's a closed group; parents/caregivers may request to join by following the directions on the "Forum" tab on the website. Listserv members are encouraged to post questions, comments, or concerns to the group. The Listserv is a great opportunity for parents to help each other!

Website: The site features newsletters, the calendar, resources, and contact information.

Newsletters: Monthly newsletters feature an array of topics, events, and resources that can be read online, downloaded, and shared. Click the "Newsletters" tab on the website to see the latest posts.

Facebook: Get news, events and resources right in your Facebook feed.

Twitter: Follow us on Twitter for quick updates and links.

Conferences and Workshops: The Autism Spectrum Support Group of Southern Maryland collaborates with other organizations in the three counties to bring expert speakers to the area while keeping the cost to families low.

Camp Scholarships: With successful fundraising, the Support Group has been able to offer camp scholarships for children with autism in Southern Maryland to attend summer camps.

Please join us at meetings and conferences or online on the website, Facebook, or Twitter.

Carol Kranowitz Coming to Solomons, MD

On November 13, 2015, the Southern Maryland Collaborative for Families of Children with Disabilities will welcome Carol Kranowitz to the Holiday Inn in Solomons, MD as she presents *The Out-of-Sync Child: Sensory Challenges and Sensible Solutions*.

Ms. Kranowitz is best known to the autism community for her books, *The Out-of-Sync Child* and *The Out-of-Sync Child Has Fun*, as well as for activity books, all on the topic of Sensory Processing Disorder (SPD), a condition in which the brain has trouble receiving and responding to information that comes in through the senses.

This all-day presentation for parents, educators, therapists, and other professionals will review how SPD plays out at home and school and how to recognize underlying sensory issues. The program will offer sensory strategies and fun and functional "In-Sync" activities, which benefit *all* children in the family and classroom.

The Autism Spectrum Support Group of Southern Maryland is pleased to be a member organization of the Southern Maryland Collaborative for Families of Children with Disabilities. Bringing expert speakers to St. Mary's, Calvert, and Charles Counties is an expensive undertaking; individual organizations don't have the budgets necessary to cover the costs. However, when member organizations pool their resources, we can bring internationally renowned speakers to Southern Maryland and keep costs low for attendees. (We gratefully accept donations.)

Past speakers and topics of conferences organized by the Collaborative include Jed Baker's *No More Meltdowns: Preventing Challenging Behavior and Teaching Social Skills* (behavior and social skills); Jennifer Laviano and Julie Swanson's *Your Special Education Rights: Your Child's Rights Simplified* (special education advocacy and law); Laurie Dietzel and Joyce Cooper-Kahn's *Late, Lost, and Unprepared* (executive functioning).

Please see the Conference flyer in this newsletter for registration information.

Upcoming Events

(For updated events information, visit the calendar at www.autismsupport-somd.org/calendar.)

June 10, 2015 — Autism Support Group of Calvert County, 6:30 p.m. at Hunting Creek Annex, 4105 Old Town Rd., Huntingtown, MD 20639. Contact Sue Rafalowski: parentconnections@calvertnet.k12.md.us /410-535-7387. The next meeting will be in September 2015.

June 17, 2015 — Autism Spectrum Support Group of Southern Maryland Meeting, 6:30-8:30 p.m. at the Coffee Quarter, California, MD. The Autism Spectrum Support Group of Southern Maryland is made up of families helping families. Its purpose is to support families impacted by ASD, educate families and members of the community on issues related to ASD, raise public and professional awareness of ASD, work in partnership with other organizations to inform and educate families and community members about issues related to ASD, and advocate on behalf of people with ASD. Contact info@autismsupport-somd.org. Website: autismsupport-somd.org. Next meeting: July 15, 2015.

June 17, 2015 — Autism/ADHD Support Group of Charles County, 6:30-8:30 p.m. at Panera Bread in La Plata, MD. The mission of the Charles County Autism/ADHD Support Group is to increase community awareness of autism and ADHD and provide support to families living with autism and ADHD. The group does not endorse or dismiss any specific

treatment, profession, or services. Contact: Allysa Ware 240-423-5757 (cell)/ lysaware@aol.com. Next meeting: July 15, 2015.

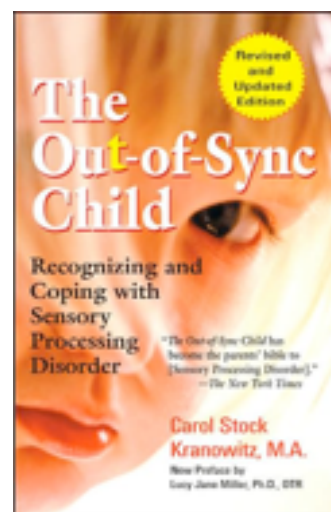
June 28, 2015 — The Studio Cooperative will host two Autism fundraiser classes at our studio, 10400 O'Donnell Place, Suite 201, Waldorf, MD 20603. Join us 3:00-5:00 p.m. for FAMILY CIRCUS YOGA: Family Circus yoga is a fun and positive way to interact with your family while learning circus tricks, solo and partner yoga, 'acro' yoga and family yoga poses. Also join us for our Adult Yoga & Meditation Class from 7:00-8:15 p.m. All money raised from both classes will support the Autism Spectrum Support Group of SoMD and their work for the community! Have fun with your family and raise awareness for Autism! [Visit us online](#) for more information and to register! Phone 301-861-4345.

Aug. 1, 2015 — Pathfinders for Autism will host A Night at the Blue Crabs Game, 6:35 p.m., at the Regency Furniture Stadium, 11765 St. Linus Dr., Waldorf, MD 20602. [Register here](#) to see the Southern Maryland Blue Crabs vs Sugar Land Skeeters.

September 26, 2015 — Weinfeld Education Group will host its annual conference, *Diamonds in the Rough 2015 — Finding Clarity: Successful Strategies for Special Learners*, at the Crowne Plaza Hotel in Rockville, MD.

One of the "4 C's" of diamonds is clarity. Clarity is also important for "diamonds in the rough"; our children and students with special learning needs. When faced with limited time, money and resources, how do we choose the strategies that are more likely to be successful? This year's Diamonds in the Rough day-long conference will provide guidance and training to give you the tools to sort through your options.

November 13, 2015 — The Southern Maryland Collaborative for Families of Children with Disabilities will host its 4th Annual Conference, *The Out-of-Sync Child: Sensory Challenges and Sensible Solutions*, featuring Carol Stock Kranowitz, expert on sensory processing and sensory integration. The conference will be held at the Holiday Inn, Solomons, MD. Registration is open for this all-day conference. See the flyer below for details.





***Family Circus Yoga
for
Autism Awareness
June 28th, 2015***



*Join The Studio Cooperative & Autism Spectrum Support Group of SoMD
for*

FAMILY CIRCUS YOGA

*on **SUNDAY, JUNE 28th from 3-5pm***

Have fun with your family and raise awareness for Autism!

Family Circus yoga is a fun and positive way to interact with your family while learning circus tricks, solo & partner yoga, 'acro' yoga & family yoga poses.

*Also Join us for our **Adult Yoga & Meditation Class from 7-8:15pm.**
(Both class's will be held at The Studio Cooperative)*

***All money raised from both class's will support
Autism Spectrum Support Group of SoMD
and the work they do for our community!***

Visit us online for more information and to register!

www.thestudiocooperative.org

autismsupport-somd.org

10400 O'Donnell Place, Suite 201
Waldorf, MD 20603
Phone 301-861-4345

Find us on FACEBOOK!

The Studio Cooperative is a 501c(3)a Non-Profit Organization

CAROL KRANOWITZ – THE OUT-OF-SYNC CHILD: SENSORY CHALLENGES AND SENSIBLE SOLUTIONS

Friday, November 13, 2015

Doors Open 8:15 am

Conference 9 am to 4:45 pm

Holiday Inn Solomons

155 Holiday Dr.

Solomons, MD 20688

Early Bird Registration June 8 - September 1, 2015: \$45

Registration September 2 - October 29, 2015: \$55

(Includes continental breakfast, lunch, and afternoon snack.)

Overview: Sensory Processing Disorder (SPD), a condition in which the brain has trouble receiving and responding to information that comes in through the senses, gets in children's way — and in their families' and teachers' way, too. This presentation for parents, educators, therapists, and other professionals will review how SPD plays out at home and school and how to recognize underlying sensory issues. The program will offer sensory strategies and fun and functional "In-Sync" activities, which benefit ALL kids in the family and classroom.

Conference Schedule:

- Session 1** Sensory Processing and Sensory Processing Disorder
- Session 2** More about SPD's effect on development and learning
- Session 3** Associated problems; interesting research; growing up with SPD
- Session 4** Fun and functional activities

About the Speaker: Carol Stock Kranowitz, M.A., observed many children with SPD and mild autism during her 25-year career as a music and movement teacher at St. Columba's Nursery School in Washington, DC. Today, she speaks internationally about SPD's effect on children's learning and behavior and how families and teachers can help. Her first book in the "Sync" series, *The Out-of-Sync Child*, was recently selected by *Brain, Child* magazine as one of the top ten books about children with disabilities. Carol's new book, *The Out-of-Sync Child Grows Up*, will be published in 2016. Carol graduated from Barnard College and earned her M.A. in Education and Human Development from George Washington University. She lives in Bethesda, plays the cello, and has five grandchildren.



REGISTRATION

Online: Visit www.autismsupport-somd.org/carolkranowitz.

By phone: Call 240-561-8860.

By mail: Use the registration form on the back of this flyer.

- Payment by Visa/MC or Check (subject to returned check fee). NO REFUNDS.
- Requests for special accommodations no later than October 29, 2015.
- The last day to register is October 29, 2015.

• NO WALK-IN REGISTRATIONS

QUESTIONS

- Registration questions may be directed to autismsupport.somd@gmail.com.
- Conference questions may be directed to Sue Rafalowski at 410-535-7387 / ParentConnections@calvertnet.k12.md.us

HOTEL

For accommodations at the Holiday Inn Solomons, call 1-800-356-2009 or visit www.hisolomons.com by October 23, 2015. Use Group Code TCP.

BOOKS

A limited number of Ms. Kranowitz's books will be available to purchase.

*This workshop is brought to you by the Southern Maryland Collaborative for Families of Children with Disabilities:
 Partners for Success Centers (Calvert, Charles, & St. Mary's Counties) ♦ Special Education Citizens' Advisory Committee (Calvert & Charles Counties) ♦
 Citizens' Advisory Committee for Special Education (St. Mary's County) ♦ Autism Spectrum Support Group of Southern Maryland
 ♦ Learning Disabilities Association of St. Mary's County ♦ The Parents' Place of Maryland*

Door prizes will be drawn throughout the workshop.

Raffle tickets for fabulous prizes may be purchased throughout the conference.

(Raffle proceeds fund future conferences by the Southern Maryland Collaborative for Families of Children with Disabilities.)

Registration Form

- ☆ To register online via PayPal, have Visa/MC ready and visit www.autismsupport-somd.org/carolkranowitz.
- ☆ To register by phone, have Visa/MC ready and call the Carol Kranowitz Conference Registration Line at 240-561-8860.
- ☆ To register by mail, use the registration form below and send it with your check for \$45/person (postmarked by Sept. 1, 2015) or \$55/person (postmarked Sept. 2 - Oct. 29, 2015) payable to "Autism Spectrum Support Group" to:

Autism Spectrum Support Group of SoMD
P.O. Box 2162
California, MD 20619

- ☆ Early Bird registration deadline is September 1, 2015. Checks subject to returned check fee. No refunds.
- ☆ Registration questions may be directed to autismsupport.somd@gmail.com. Conference questions may be directed to Sue Rafalowski at 410-535-7387 / ParentConnections@calvertnet.k12.md.us.
- ☆ Requests for special accommodations must be received no later than October 29, 2015.



Please provide the following information for each person registering for the Carol Kranowitz Conference on November 13, 2015 and enclose payment of \$45/person (postmarked by Sept. 1, 2015) or \$55/person (postmarked Sept. 2 - Oct. 29, 2015).

Name _____

Address _____

County _____ Phone _____

Email _____

Please check all that apply:

- I am a parent of a person with a disability.
- I am a professional (educator, therapist, healthcare provider, etc.) working with people with disabilities.
- Other

If you are a parent of a person with a disability, please list child/ren's date/s of birth and disability/ies (for statistical purposes only):

Date/s of Birth _____

Disability/ies _____

How did you hear about this conference? _____

Request for accommodations (no later than October 29, 2015): _____
